Neurofibromatosis (NF1)

- 1/3000 incidence
- Autosomal dominant inheritance
- Gene on chromosome 17
- Mutations occur throughout the gene
- Protein (neurofibromin) has tumor suppressor effects
NF Diagnostic Criteria: 2 or more

- $\geq 6$ café-au-lait spots
  - 1.5 cm or larger, postpubertal
  - 0.5 cm or larger, prepubertal
- Freckling: axilla or groin
- $\geq 2$ Lisch nodules
- $\geq 2$ neurofibromas or $\geq 1$ plexiform
- Optic glioma: nerve or pathway
- A distinctive bony lesion
  - sphenoid wing aplasia
  - tibial pseudoarthrosis
- 1\textsuperscript{o} relative with NF1

NFF, 1997
Café-au-lait spots in NF1
Skin freckles and Lisch Nodes: NF1
Neurofibromas in NF1
Brain Findings in NF1

- Optic nerve glioma
- Generalized macrocephaly
- Bright spots in mid-brain, brainstem and cerebellum
- Learning disabilities
- Precocious puberty
NF1: optic glioma
T2 Signals on Brain MRI

- 43-79% prevalence
- Histology:
  - Intramyelinic edema
  - Glial cell dysplasia and hyperplasia
- Associations:
  - Not with macrocephaly
  - With cognitive/learning problems

NF1 Learning Disabilities

- 30-60% have problems
- IQ usually normal
- Cognitive deficits involve:
  - School performance
  - Visual-spatial ability
  - Executive function
  - Expressive and receptive language
  - Attention skills (e.g., ADHD)